Rise in death due to lifestyle

3135. SHRI JANARDHANA POOJARY :

SHRI RAJKUMAR DHOOT :

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state :

(a) whether Government are aware about a WHO report regarding increase in deaths due to modern lifestyle;

(b) if so, what are the details with special reference to India;

(c) whether Government have initiated any steps to facilitate people to change their lifestyle towards leading a healthy lifestyle; and

(d) if so, the details thereof alongwith budgetary allocations?

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI A. RAJA) : (a) and (b) The 2002 World Health Report "RISK TO HEALTH—PROMOTING HEALTHY LIFESTYLE" highlights the significant contribution of the risk factors including physical inactivity to the overall burden of Non-Communicable Diseases (NCD) World Wide. The World Health Organisation (WHO) estimates that mortality, morbidity and disability attributed to major NCDs currently accounts for approximately 60% of all deaths and 43% of the global burden disease. The increasing trend of these diseases relates closely to respective changes in lifestyles.

(c) and (d) Although there is no specific national level programme to facilitate people to change their life style towards leading a healthy lifestyle the apex institutions like Central Health Education Bureau (CHEB) carry out health education and also IEC activities for various disease control programmes and health promotion in general, health melas organized throughout the country also contribute to creating awareness, prevention and early detection of diseases. Several State Governments also carry out health education activities and have school health programmes. The approved outlay in the Tenth Five Year Plan for various programmes on Non-Communicable diseases is as under :

1. National Cancer Control Programme—Rs. 285.00 crores

2. CVD and Diabetics Programme—No Separate Budget is provided as the programmes of CVD and Diabetics are merged with AIIMS and ICMR respectively.

3. Mental Health Programme—Rs. 190.00 crores

4. Drug De-Addiction Programme—Rs. 33.00 crores.